

INFORMATION SHARING MAY 2025

Activities/sessions coming up in May for
Children, Young People and Families

Sandwell Family Life



...plus much more!

Close to 750 activities listed for children, young people and families!



let's go...




What will you do to get involved?

Helping out in Sandwell is different for everyone.


Have a browse of over 300 volunteering opportunities in Sandwell



ROUTE 2 WELLBEING



Over 700 health and wellbeing activities listed for adults in Sandwell



WHAT'S ON IN OLDBURY & SMETHWICK

28th April - 23rd May 2025

| | MON | TUE | WED | FRI |
|--|---|---|--|---|
| SMETHWICK | Stay & Play 0-5 years Smethwick Family Hub 10-11am |  | Stay & Play 0-5 years Smethwick Family Hub 12.30-1.30pm | Relaxed Stay & Play 0-5 years Galton Valley Spoke 9.15-10am |
| | Baby Club 0-12 months Lightwoods House, Bearwood 1-2pm | | Relaxed Stay & Play 0-5 years Lightwoods House 1-2pm | Stay & Play 0-5 years Smethwick Family Hub 11.15-12.15 |
| | Twilight Stay & Play Smethwick Family Hub For all the family 3.30-4.30pm |  | Baby Club 0-12 months Smethwick Family Hub 11-12noon | Smethwick Family Hub 0121 555 6756 |
| Relaxed Stay & Play 0-5 years Oldbury Family Hub 1-1.45pm | Baby Club 0-12 months Oldbury Family Hub 10-11am | | Stay & Play 0-5 years Oldbury Family Hub 10-11am | We also have bookable sessions in Smethwick & Oldbury scan here to find out more  |
| Oldbury Family Hub 0121 557 0740 | Twilight Stay & Play Oldbury Family Hub For all the family 3.30-4.30pm Start back 5th March 2025! | | | |

Follow - US -   

SMETHWICK
Smethwick Family Hub
Corbett Street, B66 2PR
Galton Valley Spoke
Green Arthur St
B66 2PR

OLDDBURY
Oldbury Family Hub
20-25 Tintale St
Tipton
DY4 7SD

Relaxed Stay & Play Sessions
are for children or
parents/carers that will
benefit from a quieter more
relaxed paced session

WellComm Screening
If your child is 18 months and
you are registered with us you
will be getting a letter soon
with an appointment on - if
not give your local hub a call.

PLAY TALK READ SESSIONS

All of these sessions start W/C 28th April unless otherwise stated.

These sessions take place over 5 weeks (same time and day each week) and to get the most out of the sessions for you and your child/ren you need to attend all of the sessions - when requesting a place, you are signing up to the 4-week set of sessions. We will contact you via email or text to offer a place please confirm if you will be attending once you receive this.



SMETHWICK

MON
Music Magic
Galton Valley
1-2pm
for babies 0-36 months

TUE
Sensory for Babies
Smethwick Family Hub
1.30-2.30pm
for babies 0-12 months

WED
Junior Explorers
Smethwick Family Hub
10.30-11.30am
for children 18-35 months

THURS
Messy Play
Smethwick Family Hub
10-11am
for children 12-24 months

FRI
WellComm Screening
(language screening)
appointments are available
please scan the QR code or
call your local hub to
request an appointment

To book your places on any of the sessions in Oldbury or Smethwick please scan the QR code or give your local Family hub a call on 0121 555 6756 or 557 0740

Smethwick Family Hub
0121 555 6756

OLDDBURY

WellComm Screening
(language screening)
appointments are available
please scan the QR code or
call your local hub to
request an appointment

Music Magic
Bleakhouse Library
10-11am
for children 12-35 months

Sensory for Babies
Bleakhouse Library
12-1pm
for babies 0-12 months

Oldbury Family Hub
0121 557 0740



Book Now!
SCAN ME 

Messy Play
Oldbury Family Hub
11-12noon
for children 12-24 months



WHAT'S ON IN WEDNESBURY & WEST BROMWICH

28th April - 23rd May 2025

| | MON | TUE | WED | THU | FRI |
|----------------------|--|--|---|--|---|
| WEST BROMWICH | Stay & Play 0-5 years West Bromwich North FH 10 - 11am | Stay & Play 0-5 years West Bromwich Central FH 9.30 - 10.30am | Twilight Stay & Play Stone Cross Library for all the family 3.30 - 4.30pm | Relaxed Stay & Play 0-5 years West Bromwich Central FH 9.15 - 10am | Stay & Play 0-5 years West Bromwich Central FH 12.30 - 1.30pm |
| | Twilight Stay & Play West Bromwich Central FH For all the family 3.30 - 4.30pm | West Bromwich Central Family Hub 0121 500 4011 | Baby Club 0-12 months West Bromwich Central FH 1 - 2pm | Baby Club & Wellbeing 0-12 months Yew Tree & Tame Bridge Community Centre 9.30 - 10.30am | West Bromwich North Family Hub Spoke 0121 588 5431 |
| WEDNESBURY | Relaxed Stay & Play 0-5 years Wednesbury Family Hub 12.30 - 1.15pm | Stay & Play 0-5 years Wednesbury North FH Spoke 1.30 - 2.30pm | Stay & Play 0-5 years Wednesbury Family Hub 1 - 2pm | Baby Club 0-12 months Wednesbury Family Hub 1.30 - 2.30pm | |
| |  <p>Wednesbury Family Hub, Dorsett Road, Wednesbury WS10 0JG Wednesbury North Spoke, Woden Road North, Wednesbury WS10 9NP</p> | <p>Twilight Stay & Play Wednesbury North FH Spoke For all the family 3.30 - 4.30pm</p> <p>Twilight Stay & Play Wednesbury Family Hub For all the family 3.30 - 4.30pm</p> <p>Wednesbury Family Hub 0121 556 5405</p> | <p>WellComm Screening - If your child is 18 months and you are registered with us you will be getting a letter soon with an appointment on - If not give your local hub a call</p> <p>Relaxed Stay & Play Sessions - are for children or parents/carers that will benefit from a quieter more relaxed paced session</p> | <p>We also have bookable sessions scan here to find out more</p> <p>SCAN ME </p> | <p>Follow -US- </p> <p>West Bromwich Central Family Hub, off Claypit Lane, West Bromwich, B70 9EZ West Bromwich North Family Hub Spoke, Connor Road, West Bromwich, B71 3DJ</p> |

PLAY TALK READ SESSIONS

All of these sessions start W/C 28th April unless otherwise stated.

These sessions take place over 5 weeks (same time and day each week) and to get the most out of the sessions for you and your child/ren you need to attend all of the sessions - when requesting a place, you are signing up to the 4-week set of sessions. We will contact you via email, call or text to offer a place please confirm if you will be attending once you receive this.

| | MON | TUE | WED | THUR | FRI |
|----------------------|---|--|---|---|--|
| WEST BROMWICH |  | <p><i>Book! Now!</i></p> <p>SCAN ME </p> | <p>Music Magic Hamstead Library 10 - 11am for children 12 - 35 months</p> <p>Junior Explorers All Saints Primary School 1.30 - 2.30pm for children 18 - 24 months</p> | <p>West Bromwich North Family Hub 0121 588 5431</p> <p>West Bromwich Central Family Hub 0121 500 4011</p> | <p>Messy Play West Bromwich Central FH 10 - 11am for children 18 - 24 months</p> <p>Music Magic West Bromwich Central FH 2 - 2.45pm for children 0 - 35 months</p> |
| | <p>WellComm Screening (language screening) appointments are available please scan the QR code or call your local hub to request an appointment</p> | <p>Music Magic Wednesbury North FH spoke 9.30 - 10.30am for children 12-25 months</p> <p>Music Magic Wednesbury Family Hub 10-11am for babies 0 - 12 months</p> <p>Sensory for Babies Wednesbury North FH Spoke 11 - 12noon for babies 0 - 12 months</p> <p>Junior Explorers Wednesbury Family Hub 1-2pm for children 18 - 35 months</p> |  | <p>Messy Play Wednesbury Family Hub 10 - 11am for children 12 - 24 months</p> | <p>Wednesbury & Wednesbury North Family Hub 0121 556 5405</p> |

To book your places on one of the sessions above scan the QR code or give your local Family hub a call on 0121 500 4011, 0121 588 5431 or 556 5405

WHAT'S ON IN ROWLEY & TIPTON

28th April - 23rd May 2025

ROWLEY

MON

Baby Club
0-12 months
Flying Start
10 - 11am

Stay & Play
0-5 years
Rowley Family Hub
1 - 2pm

TUE

Relaxed Stay & Play
0-5 years
Rowley Family Hub
1 - 1.45pm

Twilight Stay & Play
Rowley Family Hub
For all the family
3.30 - 4.30pm

WED

Stay & Play
0-5 years
Rowley Family Hub
12.30 - 1.30pm

Stay & Play
0-5 years
Flying Start
1 - 2pm

THU

Stay & Play
0-5 years
Happy Faces
10 - 11am

We also have bookable sessions scan here to find out more

SCAN ME



FRI

Stay & Play
0-5 years
Flying Start
10 - 11am

Rowley Family Hub

0121 559 9916

TIPTON

Relaxed Stay & Play
0-5 years
Tipton Family Hub
1 - 1.45pm

i
Stay & Play and Relaxed Stay & Play sessions are all first come first serve sessions.

WellComm Screening - If your child is 18 months and you are registered with us you will be getting a letter soon with an appointment on - if not give your local hub a call

Relaxed Stay & Play Sessions - are for children or parents/carers that will benefit from a quieter more relaxed paced session

Stay & Play
0-5 years
Great Bridge Centre
10 - 11am

Twilight Stay & Play
Tipton Family Hub
For all the family
3.30 - 4.30pm

Baby Club
0-12 months
Tipton Family Hub
10 - 11am

Tipton Family Hub

0121 522 5150

Stay & Play
0-5 years
Tipton Family Hub
1 - 2pm

Rowley Family Hub
Dudley Road, B65 8JY

Flying Start
Clifton Street
Cradley Heath, B64 6QJ

Happy Faces
Windsor Road, B65 9RU

Tipton Family Hub
24 Ridgway Road, DY4 0TB

Great Bridge Library
Sheepwash Lane,
DY4 7JF



Follow - US -



PLAY TALK READ SESSIONS

All of these sessions start W/C 28th April unless otherwise stated.

These sessions take place over 5 weeks (same time and day each week) and to get the most out of the sessions for you and your child/ren you need to attend all of the sessions - when requesting a place, you are signing up to the 4-week set of sessions. We will contact you via email or text to offer a place please confirm if you will be attending once you receive this.

ROWLEY

MON

To book your places on one of the sessions above scan the QR code or give your local Family Hub a call on
0121 559 9916 or 522 5150

TUE

Junior Explorers
Happy Faces
9.30 - 10.30am
for children 18- 35 months



WED

Sensory for Babies
Cradley Heath Library
10 - 11am
for babies 0 - 12 months

Music Magic
Rowley Family Hub
2 - 2.45pm
for children 0 - 35 months

FRI

Messy Play
Rowley Family Hub
10 - 11am
12 - 24 months

First Words Together
Rowley Family Hubs
1 - 2pm
for children 12- 24 months



Baby Massage is also available to book onto following this QR code or calling your local Family Hub



TIPTON



Tipton Family Hub

0121 522 5150

Sensory for Babies
Great Bridge Library
1 - 2pm
for babies 0 - 12 months

Messy Play
Tipton Family Hub
1.30 - 2.30pm
for children 12 - 24 months

First Words Together
Great Bridge Library
9.30 - 10.30am
for children 12 - 24 months

Junior Explorers
Tipton Family Hub
11.30 - 12.30
for children 18- 35 months

Rowley Family Hub

0121 559 9916

Book Now!

SCAN ME



DADS AND MALE CARERS

FREE TEDDY BEARS' PICNIC!!

Do you live in Sandwell?

Are you a dad or a male carer?

COME ALONG TO OUR MAY SESSION AT TIPTON FAMILY HUB

- Teddy Bears Picnic in Tipton Family Hub
- Please bring favourite teddies/toys along (Teddies will be available if needed)
- Free food for all that attend
- Activities, crafts and messy play
- Outside play area
- Dedicated Baby Corner for under 1s.



WHEN?

Saturday 10th
May
10am-12pm



WHERE?

Tipton Family Hub,
24 Ridgway Road
Tipton,
DY4 0TB.



FEEDBACK FROM DADS/MALE CARERS WHO HAVE ATTENDED DADS/MALE CARER GROUP:



To book on the trip, or for more information, please contact the Fathers and Male Carers Engagement Worker : **Chris Myles** on: **07720 143821** or **chris.myles@barnardos.org.uk**



Free Women's Health Events in your local Family Hub

Sandwell Family Hubs are facilitating six health events in their Family Hubs across Sandwell. Their focus is providing information, knowledge and support on topics that affect women including:

Perimenopause

Menopause

Heavy Bleeding

Do you think you are in perimenopause?

Are you navigating the changes of menopause or experiencing the challenges of heavy menstrual bleeding?

You're not alone. Join one of the **FREE** and informative women's health events across the Family Hub network, designed to empower you with knowledge and support.

GPs and menopause specialists will provide clear, practical advice and answer your questions in a comfortable setting with others that are experiencing similar things.

For further information and to book your FREE place click [HERE](#)





GO PLAY MAY ACTIVITIES SESSIONS

www.goplaysandwell.co.uk



Contact for more information
info@poweredbycan.org
[in](#) [d](#) [f](#) [@](#) [x](#) [@pbcanofficial](#)

goplaysandwell.co.uk

#goplaysandwell

WEST BROMWICH

MAY 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| 28 STONE CROSS LIBRARY 15:00 - 17:30 B71 2JH | | 30 HAMSTEAD LIBRARY 15:00 - 17:30 B43 5EL | 1 | 2 MARLHOLE PARK 15:00 - 17:30 B70 9MT REDWOOD ROAD PARK 15:00 - 17:30 W55 4LB |
| 5 MARSH LANE GREEN SPACE 15:00 - 17:30 B71 2JH | | 7 KESTEVEN GREEN SPACE 15:00 - 17:30 B71 1JQ | 8 | 9 MARLHOLE PARK 15:00 - 17:30 B70 9MT REDWOOD ROAD PARK 15:00 - 17:30 W55 4LB |
| 12 MARSH LANE GREEN SPACE 15:00 - 17:30 B71 2JH | | 14 KESTEVEN GREEN SPACE 15:00 - 17:30 B71 1JQ | 15 | 16 MARLHOLE PARK 15:00 - 17:30 B70 9MT REDWOOD ROAD PARK 15:00 - 17:30 W55 4LB |
| 19 MARSH LANE GREEN SPACE 15:00 - 17:30 B71 2JH | | 21 KESTEVEN GREEN SPACE 15:00 - 17:30 B71 1JQ | 22 | 23 MARLHOLE PARK 15:00 - 17:30 B70 9MT REDWOOD ROAD PARK 15:00 - 17:30 W55 4LB |
| 26 | 27 OAK HOUSE 11:00 - 16:00 B70 8HJ | 28 BROMWICH HALL MUSEUM 10:00 - 15:00 B71 2EA | 29 MARSH LANE GREEN SPACE 11:00 - 13:00 B71 2JH | 30 HAMSTEAD LIBRARY 11:00 - 16:00 B43 5EL |

KESTEVEN FAMILY FUN DAY
SUNDAY 25TH MAY 13:00-16:00
KESTEVEN GREEN SPACE B71 1JQ

WEDNESBURY

MAY 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|-----------|---|---|
| 28 | 29 BRUNSWICK PARK 15:00-17:30 WS10 9HH | 30 | 1 PRIAR PARK MILLENNIUM CENTRE 15:00 - 17:30 WS10 0JS | 2 |
| 5 | 6 RATCLIFFS PARK 15:00-17:30 B70 0HX | 7 | 8 HYDES ROAD PARK 15:00 - 17:30 WS10 0DH | 9 |
| 12 | 13 RATCLIFFS PARK 15:00-17:30 B70 0HX | 14 | 15 HYDES ROAD PARK 15:00 - 17:30 WS10 0DH | 16 |
| 19 | 20 RATCLIFFS PARK 15:00-17:30 B70 0HX | 21 | 22 HYDES ROAD PARK 15:00 - 17:30 WS10 0DH | 23 |
| 26 | 27 | 28 | 29 HYDES ROAD PARK 11:00 - 16:00 WS10 0DH | 30 BRUNSWICK PARK 11:00 - 16:00 WS10 9HH |

OLDBURY

MAY 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--------|
| 28 | 29 | 30 | 1 | 2 |
| BROADWEL PARK 15:00 - 17:30 B69 4AE | | BRANDHALL LIBRARY 15:00 - 17:30 B68 0JT | | |
| 5 | 6 | 7 | 8 | 9 |
| BROADWEL PARK 15:00 - 17:30 B69 4AE | | BRANDHALL LIBRARY 15:00 - 17:30 B68 0JT | | |
| 12 | 13 | 14 | 15 | 16 |
| BROADWEL PARK 15:00 - 17:30 B69 4AE | | BRANDHALL LIBRARY 15:00 - 17:30 B68 0JT | | |
| 19 | 20 | 21 | 22 | 23 |
| BROADWEL PARK 15:00 - 17:30 B69 4AE | | BRANDHALL LIBRARY 15:00 - 17:30 B68 0JT | | |
| 26 | 27 | 28 | 29 | 30 |
| | BRANDHALL LIBRARY 11:00 - 16:00 B68 0JT | | LANGLEY PARK 11:00 - 16:00 B69 4SL | |

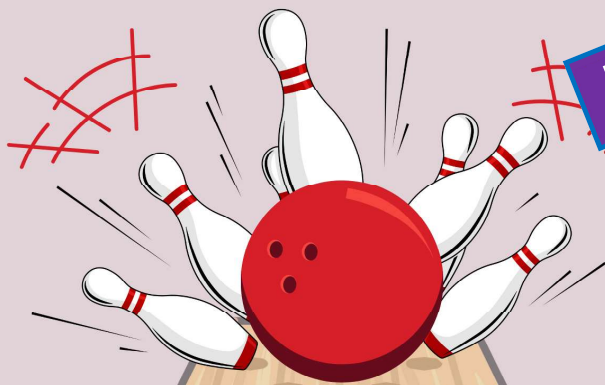
SMETHWICK

MAY 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|--|--|--|--|
| 28 | 29 | 30 | 1 | 2 |
| | BRASSHOUSE COMMUNITY CENTRE 15:00 - 17:30 B66 1BA | | UNETT STREET OPEN SPACE 15:00 - 17:30 B66 3SS | |
| 5 | 6 | 7 | 8 | 9 |
| | BRASSHOUSE COMMUNITY CENTRE 15:00 - 17:30 B66 1BA | | UNETT STREET OPEN SPACE 15:00 - 17:30 B66 3SS | |
| 12 | 13 | 14 | 15 | 16 |
| | BRASSHOUSE COMMUNITY CENTRE 15:00 - 17:30 B66 1BA | | UNETT STREET OPEN SPACE 15:00 - 17:30 B66 3SS | |
| 19 | 20 | 21 | 22 | 23 |
| | BRASSHOUSE COMMUNITY CENTRE 15:00 - 17:30 B66 1BA | | UNETT STREET OPEN SPACE 15:00 - 17:30 B66 3SS | |
| 26 | 27 | 28 | 29 | 30 |
| | | BRASSHOUSE COMMUNITY CENTRE 11:00 - 16:00 B66 1BA | | LIGHTWOODS PARK 11:00 - 16:00 B67 5DP |

STRIKE UP FOR..... **TENPIN BOWLING!**

**WEDNESDAY 28TH MAY 2025
10-12PM**



Booking
details

Tenpin, Castlegate Park, Castlegate Way, Dudley DY1 4TA

SPDC have all lanes, exclusive use for two games.

There is a café on site to purchase snacks and drinks.

The arcade and soft play are open to the public, so may be noisy; ear defenders are recommended.

(A charge is required to access the soft play area which can be made at the bowling reception)

**FAMILIES WILL BE GROUPED TOGETHER ON LANES, ON
A FIRST COME FIRST SERVE BASIS!**

NO OPEN TOE SHOES!!

RSVP: SPDCBOOKING@SP-DC.ORG



Spring Bank Holiday Activity 2025

Please Read The Information Below Carefully

Here are the details of SPDC's Spring Bank Holiday Activity. If you want to take part in any of these activities, you will need to:

1. Register your interest in short break activities by completing a registration form at

<https://fis.sandwell.gov.uk/kb5/sandwell/directory/advice.page?id=lHHmymrDc2s>

**If you have any problems completing the form, contact us or email
SCT_shortbreaks@sandwellchildrenstrust.org**

If you have already done this – move on to stage 2

2. You will receive "credits" via email from The Children's Trust.

3. When you receive your credits from The Children's Trust you will need to allocate credits to SPDC's activities. Read the attached leaflet to help you decide how many credits you want to "spend" with SPDC.

4. Once you have allocated some of your credits to SPDC you can either contact us via email at

spdcbooking@sp-dc.org to let us know that you would like to take part in the Bowling activity or wait for us to contact you.

You will not be able to access any activities with SPDC unless you follow the above procedure so please contact us if you need further information or require help.

Contact Us!

Sandwell Parent for Disabled Children

Galton Valley Children's Centre, Great Arthur Street, Smethwick, B66 1DH

Tel 0121 565 2410

Email spdcbooking@sp-dc.org

Website www.sp-dc.org

Charity Reg: 1125576



SCAN ME

www.spdc.org.uk
0121 565 2410
Children in Need

Localgiving.com

an online charity shop



THE INCLUSIVE
COMMUNITIES FUND

Funded by
UK Government

Commonwealth Games
Legacy Fund

West Midlands
Combined Authority

heart of england

UNITED BY 2025
LEGACY CHARITY



Struggling with the cost of living?

We can help...

Our cost of living advisers offer free support with:

**Benefits Budgeting Debt
Employment Energy**



Ferndale Primary School
Ferndale Avenue, Great Barr,
B43 5QF

Drop-in sessions every Monday's
starting 13th January 2025
12.00pm to 3.00pm



Sandwell & Walsall



**Ferndale
Family Hub**

TODDLER CLUB

Every Monday morning, during term time.
Community Room, Eastwood Road
entrance.

09:00 - 10:30



(Doors open with gates for those already on site.)



**Warm, creative, safe,
inclusive, welcoming.**



£1 voluntary contribution per family



TERM TIME ONLY

FERNDALE FAMILY HUB

BABY WEIGH



DROP IN AND WEIGH
YOUR BABY, WHEN
CONVENIENT FOR YOU!

OPEN 9AM UNTIL 3PM
MONDAY - FRIDAY

FERNDALE FAMILY HUB,
FERNDALE PRIMARY SCHOOL,
EASTWOOD ROAD, GREAT BARR
B43 5RS



Little Ferns

INFANT FEEDING DROP-IN SUPPORT

Wednesdays
9.30-11am

**Ferndale
Primary School**
off Eastwood Road
Great Barr
B43 5RS

Breastfeeding Network
Peer Support Sandwell

07505 775357



Sandwell and West Birmingham

NHS Trust



Are you interested in connecting with other expectant Mothers?

Share experiences, discuss concerns and offer mutual support throughout your pregnancy journey with other parents.

Chat to our dedicated Peer Support Worker who can advise and guide you into other pregnancy related services.

Join us for our Pregnancy Wellness Walks

Starting Wednesday 7th May 2025
Walks will take place fortnightly
10.00am till 12.00pm
West Smethwick Park
Park Road West
Smethwick
B67 7JJ

Meet at The Pavilion at 10.00am



Supported by Sandwell Family Hubs



'Little Fish'

BABY & TODDLER CAFE

At New Beginnings Community

For children aged 0 to 5 years

**THURSDAYS 10 AM TILL 12 NOON
(TERM TIME ONLY)**

A fun and welcoming group for parents and carers with babies & toddlers with lots of toys, singing & dancing, arts & crafts, messy play, baby area and lots more.

Brunch items available to purchase throughout session.



£2 PER CHILD



**ST MARKS CHURCH, THIMBLEMILL ROAD,
SMETHWICK, B67 6LP**

For more information : www.newbeginningscommunity.co.uk

NATURE BUDDIES

FREE, family nature sessions including crafts, growing, digging, mud kitchen, songs and stories – get your wellies on and come and get muddy!



Meet at Bearwood Allotments
Dale Street, Bearwood, B66 4HX
Every Saturday 10.30am – 12pm

Find out more and
book your space
[HERE](#)

SCVO
connecting · enabling · transforming

VISION 2030

Sandwell
Metropolitan Borough Council



DOROTHYPARKES
Community Centre



THE DOROTHY PARKES CENTRE
CHURCH ROAD, SMETHWICK
WEST MIDLANDS, B67 6EH
0121 558 2998
CHARITY NO. 1053189

FACEBOOK: @DOROTHYPARKESCENTRE
INSTAGRAM: DOROTHYPARKES
EMAIL: ADMIN@DOROTHYPARKES.ORG
WEBSITE: WWW.DOROTHYPARKES.ORG

If you're looking for something to do with the kids on a Saturday morning, don't forget Dorothy Parkes Centre have their Nature Buddies sessions.

This month the plan is:

3rd May

Sowing radishes & DIY kaleidoscope

10th May

Sowing peas & nature paint brushes and art

17th May

Caring for soil and plants & pipe cleaner dragonflies

24th May

Plant tomatoes & stick people

31st May

Plant chillies & flower painting



COMMUNITY FUND

First Saturday of the month!

INCLUSIVE FAMILY FUN CLUB!

creativeactivelives.org.uk

Inclusive Family Fun Club!
Creative Active Lives are running their 'Reaching Communities Include Us Too Project Saturday Family Club', EVERY first Saturday of the month for TWO years!

10.30am-12.30pm at Rowley Learning Campus, Curral Road, Rowley Regis B65 9AN

2025 dates for your Diary:

- **7th June** - Dom is there with consoles & VR
- **5th July** - Dom is there with consoles & VR and Justina with Creature Feature Experience!
- **2nd August** - NO Magical Woodland Explorers
- **6th September**
- **4th October**
- **1st November**
- **6th December**

www.creativeactivelives.org.uk

Rowley Learning Campus, Curral Road,
Rowley Regis B65 9AN

FREE BOXING SESSIONS

BoxClever Mentoring will be running after-school boxing sessions every TERM-TIME TUESDAY at West Bromwich Leisure Centre. All sessions are free of charge.

Studio 1
West Bromwich
Leisure Centre,
Moor Street,
West Bromwich,
B70 7AZ

No sign-up needed, just
turn up and get
involved.

4:00 - 5:15pm

Ages 9 - 16 years

FOR MORE INFORMATION

 @boxclevercj

 BoxClever Mentoring

BOXCLEVER
Mentoring



Warley RFC

YOUTH RUGBY

FREE THIS SUMMER!

Girls
Tuesdays 18:30-20:00
Female lead coaching & support team!

Boys
Sundays 10:30-12:00
Coaching structure built from current men's players!

Join Now 

 07387088237
 contact@warleyrfc.co.uk
 Warley Rugby Club, Tat Bank Road, Oldbury, B69 4NH



11-15
Years Old

Purple Mind Community Service CIC provides mental health support and community empowerment. Programmes are provided in Smethwick Library and some other community hubs. Services are aimed at children from the age of 10 years onwards, young people and women. Programs include group therapies and one-on-one sessions. Below are a couple of upcoming sessions - for more information about the other services available by Purple Mind, please contact **07854 808165** or info@thepurplemind.co.uk



PURPLE MIND COMMUNITY SERVICE
Contact: 07854808165
info@thepurplemind.co.uk

LAUGHTER YOGA

Laughter is the natural healer of the soul
Join me for an exhilarating Laughter therapy session designed to invigorate the body, uplift the spirit & brighten your day!

Laugh Laugh

Ha Ha Ha Ha Ha Ha

BOOST YOUR IMMUNE SYSTEM & MEMORY

Dr Monaa Khurana
Clinical Hypnotherapist



Little Souls & Big Peace: Mindful Meditation & Yoga for kids

**6 Week Programme to improve
Mental, Emotional & Physical Wellbeing**

**Mindful Breathing technique, Yoga,
Healing Music, Laughter therapy**

Dr Monaa Khurana
Clinical Hypnotherapist

PURPLE MIND THERAPIES
Phone: 0785 480 8165
info@thepurplemind.co.uk

TAM 2025

TAM - Tots At Museums

The Parakeet at Haden Hill House Museum

Gentle, joyful creative sessions for under 5's and their grown-ups

Join the Parakeet Studio for a special early years session inspired by the beauty of nature, the magic of light and the spirit of play and connection. Expect a calm, welcoming environment with creative invitations designed especially for babies, toddlers and preschoolers. We'll be using natural materials and simple processes that encourage curiosity, connection and creativity.

Children aged 0-5 years and their grown-ups

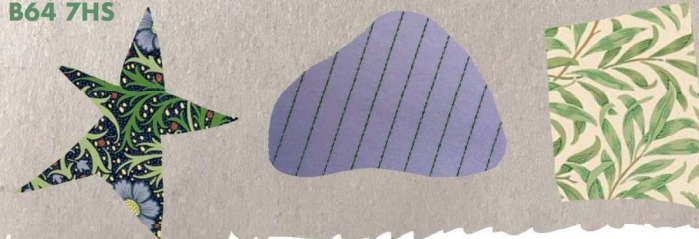
Thursday 15 May 11am-12pm and 12pm-1pm

Tuesday 8 July 11am-12pm and 12pm-1pm

Pay what you can (from £1 per child, adults do not need to pay)

Book [HERE](#)

**Haden Hill House Museum, Lee Road, Cradley Heath,
B64 7HS**






@anygirlnetball

FREE GIRLS NETBALL

10-16 year olds

Tuesdays 4:30 - 6:00PM

All abilities welcome!

West Bromwich Leisure Centre
Moor Street B70 7AZ

anygirlnetball@hotmail.com
(for further info)










@anygirlnetball

ANYGIRL NETBALL PRESENTS

PERFORMANCE SESSIONS

THURSDAYS

JUNIORS 4-5:30PM
SENIORS 5:30-7PM

West Bromwich Leisure Centre
Moor Street B70 7AZ

anygirlnetball@hotmail.com

For further info email:
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BOOK SWAP

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South Staffs Water Community Hub.
Union Street, Wednesbury, WS10 7HD