

Try one thing: Artificial intelligence

Artificial Intelligence, or AI for short, may feel like a mystery, but it's been around for a while. It's working in the background in many of the ways we connect to the internet and carry out activities online.

One easy way you can use AI is with tools called AI text generators. These are computer programs that can write sentences like a person.

Examples include **ChatGPT**, **Microsoft Copilot** or **Google Gemini**. They're surprisingly simple to use and can be valuable for tackling everyday problems.



All you have to do is enter a short instruction, called a '**prompt**', and the program does the rest. Your prompt doesn't need to be anything complicated, just talk to it like it's a friend or family member. For example, "*give me a simple recipe for making biscuits*".

You can make your prompts short and simple, or longer and more detailed. The more detail you add, the better the results.

Remember that whilst AI is a really helpful tool it does sometimes make mistakes. It's important to **check** the information it gives you to make sure it's accurate.

Find out more

Learn My Way: [Introduction to artificial intelligence](#)

In the 'Starting to use the internet' subject, learn what artificial intelligence is and how you could benefit from it.

The AI Gateway: learning.goodthingsfoundation.org/ai/using-ai

This collection of activities is designed to help you craft clear prompts and understand how different details influence the output. Including practise with writing prompts for:

- Letter writing
- Creating a workout routine
- Creating a recipe
- Planning a holiday
- Preparing for a job interview