

Try one thing: Online safety

Fact checking information

The internet is a great source of information. Unfortunately not all online information is factual or accurate.

Misinformation is when people share information **without realising** it's untrue. Often this happens through social media and messaging programs. Checking if something is true before sharing it is a good way to limit the spread of false information. One way to do this is by using a **fact checking** website. For example:

BBC Verify (bbc.co.uk/news/bbcverify) investigates stories reported by the media. They check videos, images, and claims in news reports.	
Snopes (snopes.com) is a website that checks a wide range of topics, from online rumours to health claims.	

Protecting your personal information online

Making a good password will help keep your online accounts safe. A good password should be easy to remember but difficult to guess. One method is to pick **three random objects** and put them together.

For example, if you like books, have a pet and favourite colour you could use these to create a password, like BooksCatYellow. You can make the password stronger by using upper and lower case letters, and numbers. for example, B00k5C4tYe1l0w.

Find out more

Learn My Way:

- [Safety and security online](#)
A great place to learn about online safety. For example, dealing with scams, protecting your information and keeping your device safe.
- [Making a good password](#)
In the 'Using email' subject, learn more about how to make a password that's easy to remember but difficult to guess.